

Offensive Penalties	
Offsides/ False Start / Procedure	5 Yards from LOS & Loss of Down
Illegal Forward Pass	5 Yards from LOS & Loss of Down
Pass Interference	5 Yards from LOS & Loss of Down
Illegal Motion / Illegal Substitution	5 Yards from LOS & Loss of Down
Delay of Game	5 Yards from LOS & Loss of Down
Impeding the Rusher	5 Yards from LOS & Loss of Down
Taunting	5 Yards from LOS & Loss of Down
Unsportsmanlike	10 Yards & Loss of Down
Unnecessary Roughness	10 Yards & Loss of Down
Screening, Blocking	SPOT FOUL -5 Yards & Loss of Down
Charging	SPOT FOUL -5 Yards & Loss of Down
Flag Guarding	SPOT FOUL -5 Yards & Loss of Down

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